Stacey Freedenthal

University of Denver
Graduate School of Social Work
(303) 871-4608 (University)
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Education

Ph.D., Washington University in St. Louis, St. Louis, 2005.

Social Work

Dissertation Title: *The Help Not Taken: Youth Suicidality and Mental Health Service Use*

MSW, University of Texas, Austin, TX, 1998.

Social Work

Supporting Areas of Emphasis: Mental Health and Chemical Dependency

Bachelor of Journalism, University of Texas, Austin, TX, 1989.

Journalism

Supporting Areas of Emphasis: Newspaper Journalism

Rank and Series History, University of Denver

Associate Professor with Tenure (2009 – Present)

Assistant Professor, Professorial Series. (2005 – 2009)

Administrative Assignments

Coordinator, Mental Health Concentration, University of Denver Graduate School of Social Work, 2008 - 2020. (Note: From 2008 – 2013, this concentration was named the Adult Track.)

Interim Associate Dean for Research, University of Denver Graduate School of Social Work, September 1, 2011 - June 1, 2012.

Other Professional Positions

Psychotherapist, Independent Practice. (2012 - Present).

Consultant, Independent Practice. (2006 - Present).

Emergency Room Social Worker, Seton Medical Center, Austin, TX. (June 2000 - July 2001).

Case Worker, Psychiatric Emergency Services, Austin, TX. (February 2000 - March 2001).

Counselor, SafePlace Domestic Violence and Sexual Assault Survival Center. (January 1999 - October 2000).

Assessment Counselor, Charter Behavioral Health. (September 1999 - February 2000).

Telephone Counselor, University of Texas Counseling and Mental Health Center, Austin, TX. (June 1996 - July 1999).

Case Manager, Marywood Child and Family Services, Austin, TX. (1996 - 1997).

Staff Writer, The Dallas Morning News, Dallas, TX. (1990 - 1994).

Licensures and Certifications

Licensed Clinical Social Worker (LCSW), State of Colorado. (2009 - Present).

Licensed Clinical Social Worker (LCSW), State of Texas. (2001 - 2009).

Licensed Master Social Worker, State of Texas. (1998 - 2001).

Professional Memberships

International Association of Suicide Prevention (IASP). (2021 - Present).

Colorado Society for Clinical Social Work (CSCSW). (2012 - Present).

National Association of Social Workers (NASW).

Awards and Honors

- Clinical Master Teaching Award, University of Denver Graduate School of Social Work. (June 2022).
- George Goodman and Ruth P. Brudney Social Work Award, Mental Health America. (June 2022).
- Excellence in Teaching Award, Appointed Faculty, University of Denver Graduate School of Social Work. (June 2018).
- Transforming Lived Experience Award, American Association of Suicidology. (April 2018).
- Public Impact Fellow, University of Denver. (March 2018).
- Excellence in Teaching Award, Teaching Fellow, GWB School of Social Work, Washington University in St. Louis. (2005).
- Association of Women Faculty Graduate Student Award, Washington University. (2004).
- Selected Participant and Travel Awardee, NIMH-sponsored Summer Research Institute for the Study of Suicide Prevention, Rochester, NY. (2004).
- The Kenneth Lutterman Award for Exemplary Student Papers in Mental Health –Honorable Mention, American Public Health Association. (2003).
- Olin Fellow, Graduate School of Arts & Sciences, Washington University. (2001).
- Commencement Speaker, University of Texas School of Social Work. (1998).
- Presidential Endowed Scholarship, University of Texas. (1989).

TEACHING

University of Denver

SOWK 4784, Suicide Assessment and Interventions, Winter 2024.

SOWK 4784, Suicide Assessment and Interventions, Fall 2023.

SOWK 4784, Suicide Assessment and Interventions. Spring 2023.

SOWK 4480, Social Justice Challenges in Mental Health Practice. Spring 2023.

SOWK 4784, Suicide Assessment and Interventions. Winter 2023.

SOWK 4003, Clinical SW Theory and Practice. Winter 2023.

SOWK 4784, Suicide Assessment and Interventions. Fall 2022.

SOWK 4003, Clinical SW Theory and Practice. Spring 2022.

SOWK 4480, Social Justice Challenges in Mental Health Practice. Spring 2022.

SOWK 4784, Suicide Assessment and Interventions. Winter 2022.

SOWK 4784, Suicide Assessment and Interventions. Fall 2021.

SOWK 4003, Clinical SW Theory and Practice. Spring 2021.

SOWK 4990, Social Justice Challenges in Mental Health Practice. Spring 2021.

SOWK 4784, Suicide Assessment and Interventions. Winter 2021.

SOWK 4784, Suicide Assessment and Interventions. Spring 2020.

SOWK 4990, Social Justice Challenges in Mental Health Practice. Spring 2020.

SOWK 4003, Clinical SW Theory & Practice. Winter 2020.

SOWK 4784, Suicide Assessment and Interventions. Winter 2020.

SOWK 4784, Suicide Assessment and Interventions. Fall 2019.

SOWK 4784, Suicide Assessment and Interventions. Spring 2019.

SOWK 4990, Social Justice Challenges in Mental Health Practice. Spring 2019.

SOWK 4003, Clinical SW Theory & Practice. Winter 2019.

SOWK 4784, Suicide Assessment and Interventions. Winter 2019.

SOWK 4784, Suicide Assessment and Interventions. Fall 2018.

SOWK 4784, Suicide Assessment and Interventions. Spring 2018.

SOWK 4990, Social Justice Challenges in Mental Health Practice. Spring 2018.

SOWK 4003, Clinical SW Theory & Practice. Winter 2018.

SOWK 4784, Suicide Assessment and Interventions. Winter 2018.

SOWK 4330, Assessment of Mental Health in Adults. Fall 2017.

SOWK 4330, Assessment of Mental Health in Adults. Spring 2017.

SOWK 4784, Suicide Assessment and Interventions. Spring 2017.

SOWK 4003, Clinical SW Theory & Practice. Winter 2017.

SOWK 4784, Suicide Assessment and Interventions. Winter 2017.

SOWK 5700, Teaching Practicum. Winter 2017.

SOWK 4730, Cognitive Behavioral Therapies. Fall 2016.

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SOWK 4784, Suicide Assessment and Interventions. Spring 2016.
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SOWK 5700, Teaching Practicum. Spring 2016.

SOWK 4003, Clinical SW Theory & Practice. Winter 2016.

SOWK 4784, Suicide Assessment and Interventions. Winter 2016.

SOWK 4330, Assessment of Mental Health in Adults. Fall 2015.

SOWK 4730, Cognitive Behavioral Therapies. Fall 2015.

SOWK 4784, Suicide Prevention and Crisis Intervention. Spring 2015.

SOWK 4003, Clinical SW Theory & Practice. Winter 2015.

SOWK 4784, Suicide Prevention and Crisis Intervention. Winter 2015.

SOWK 4330, Assessment of Mental Health in Adults. Fall 2014.

SOWK 4730, Cognitive Approaches to Social Work Practice. Fall 2014.

SOWK 4784, Suicide Prevention and Crisis Intervention. Spring 2014.

SOWK 4003, Clinical SW Theory & Practice. Winter 2014.

SOWK 4330, Assessment of Mental Health in Adults. Winter 2014.

SOWK 4330, Assessment of Mental Health in Adults. Fall 2013.

SOWK 4730, Cognitive Approaches to Social Work Practice. Fall 2013.

THEO 6991, IS: Suicide and Spirituality. Fall 2013.

SOWK 4330, Assessment of Mental Health in Adults. Winter 2013.

SOWK 4730, Cognitive Approaches to Social Work Practice. Winter 2013.

SOWK 4330, Assessment of Mental Health in Adults. Fall 2012.

SOWK 4730, Cognitive Approaches to Social Work Practice. Fall 2012.

SOWK 4330, Assessment of Mental Health in Adults. Spring 2012.

SOWK 5700, Teaching Practicum. Spring 2012.

SOWK 5401, Quantitative Research Methods. Winter 2012.

SOWK 4730, Cognitive Approaches to Social Work Practice. Fall 2011.

SOWK 4330, Assessment of Mental Health in Adults. Spring 2011.

SOWK 4330, Assessment of Mental Health in Adults. Winter 2011.

SOWK 4730, Cognitive Approaches to Social Work Practice. Winter 2011.

SOWK 4330, Assessment of Mental Health in Adults. Fall 2010.

SOWK 4730, Cognitive Approaches to Social Work Practice. Fall 2010.

SOWK 5700, Teaching Practicum. Fall 2010.

SOWK 4330, Assessment of Mental Health in Adults. Spring 2010.

QRM 4930, Introductory Statistics. Fall 2009.

SOWK 5930, Statistical Methods. Fall 2009.

SOWK 5991, Suicide Risk & Incarceration. Fall 2009.

SOWK 4730, Cognitive Approaches to Social Work Practice. Spring 2009.

SOWK 6991, Mental Health Interventions. Spring 2009.

SOWK 4330, Assessment of Mental Health in Adults. Winter 2009.

SOWK 4730, Cognitive Approaches to Social Work Practice. Winter 2009.

QRM 4930, Introductory Statistics. Fall 2008.

SOWK 4992, Assess Mental Health in Adults. Fall 2008.

SOWK 5930, Statistical Methods. Fall 2008.

SOWK 4730, Cognitive Approaches to Social Work Practice. Spring 2008.

SOWK 4330, Assessment of Mental Health in Adults. Winter 2008.

SOWK 4730, Cognitive Approaches to Social Work Practice. Winter 2008.

QRM 4930, Introductory Statistics. Fall 2007.

SOWK 5930, Statistical Methods. Fall 2007.

SOWK 6991, Data Analysis Add Health. Fall 2007.

SOWK 4730, Cognitive Approaches to Social Work Practice. Spring 2007.

SOWK 4330, Assessment of Mental Health in Adults. Winter 2007.

QRM 4930, Introductory Statistics. Fall 2006.

SOWK 5930, Statistical Methods. Fall 2006.

SOWK 4730, Cognitive Approaches to Social Work Practice. Spring 2006.

SOWK 4330, Assessment of Mental Health in Adults. Winter 2006.

SOWK 4330, Assessment of Mental Health in Adults. Fall 2005.

Courses Taught at Other Institutions

GWB School of Social Work Washington University in St. Louis, Adjunct Faculty/Teaching Fellow, Death and Dying (MSW; S30 9150; 1 semester).

GWB School of Social Work Washington University in St. Louis, Adjunct Faculty/Teaching Fellow, Foundations of Social Work Practice I: Individuals, Families, & Groups (MSW; S15 5038; 2 semesters).

GWB School of Social Work Washington University in St. Louis, Adjunct Faculty/Teaching Fellow, Statistics (MSW; S80 5000; 2 semesters).

SCHOLARSHIP

Published Intellectual Contributions

Books

- 1. Freedenthal, S. (2023). *Loving someone with suicidal thoughts: What family, friends, and partners can say and do.* New Harbinger Publications.
- 2. Freedenthal, S. (2018). *Helping the suicidal person: Tips and techniques for professionals*. Routledge.

Refereed Journal Articles

- 1. Chen, J. I., Osman, A., Freedenthal, S. L., & Gutierrez, P. M. (2020). An examination of the psychometric properties of the Reasons for Living Inventory within a male veteran clinical sample. *Archives of Suicide Research*, 24(sup1), 204-230.
- 2. Sliva, S. M., Greenfield, J., Bender, K., & Freedenthal, S. (2019). Introduction to the special section on public impact scholarship in social work: A conceptual review and call to action. *Journal of the Society for Social Work and Research*, 10(4), 529-544.
- 3. Osman, A., Lamis, D. A., Bagge, C. L., Freedenthal, S., & Barnes, S. M. (2016). The Mindful Attention Awareness Scale: Further examination of dimensionality, reliability, and concurrent validity estimates. *Journal of Personality Assessment*, *98*(2), 189-199.
- 4. Fang, Q., Freedenthal, S., & Osman, A. (2015). Validation of the Suicide Resilience Inventory-25 with American and Chinese college students. *Suicide and Life-Threatening Behavior*, 45(1), 51-64.
- 5. Osman, A., Lamis, D. A., Freedenthal, S., Gutierrez, P. M., & McNaughton-Cassill, M. (2014). The Multidimensional Scale of Perceived Social Support: Analyses of internal reliability, measurement invariance, and correlates across gender. *Journal of Personality Assessment*, 96, 103-112.
- 6. Osman, A., Wong, J. L., Bagge, C. L., Freedenthal, S., Gutierrez, P. M., & Lozano, G. (2012). The depression anxiety stress Scales—21 (DASS-21): further examination of dimensions, scale reliability, and correlates. *Journal of Clinical Psychology*, 68(12), 1322-1338.
- 7. Gutierrez, P. M., Freedenthal, S., Wong, J. L., Osman, A., & Norizuki, T. (2012). Validation of the Suicide Resilience Inventory-25 (SRI-25) in adolescent psychiatric inpatient samples. *Journal of Personality Assessment*, 94, 53-61.
- 8. Osman, A., Bagge, C. L., Freedenthal, S., Gutierrez, P. M., & Emmerich, A. (2011). Development and evaluation of the Social Anxiety and Depression

- Life Interference-24 (SADLI-24) Inventory. *Journal of Clinical Psychology*, 67, 82-98.
- 9. Freedenthal, S., Lamis, D. A., Osman, A., Kahlo, D., & Gutierrez, P. M. (2011). Evaluation of the psychometric properties of the Interpersonal Needs Questionnaire-12 in samples of men and women. *Journal of Clinical Psychology*, 67, 609-623.
- 10. Osman, A., Freedenthal, S., Gutierrez, P. M., Wong, J. L., Emmerich, A., & Lozano, G. (2011). The Anxiety-Depression Distress Inventory-27: A short version of the Mood and Anxiety Symptom Questionnaire-90. *Journal of Clinical Psychology*, 67, 591 608.
- 11. Freedenthal, S. (2010). Adolescent help-seeking and the Yellow Ribbon suicide prevention program: An evaluation. *Suicide and Life-Threatening Behavior*, 40, 628 639.
- 12. Peterson, J., Freedenthal, S., & Coles, A. (2010). Adolescents who self harm: How to protect them from themselves. *Current Psychiatry*, *9*, 15-27.
- 13. Osman, A., Gutierrez, P. M., Barrios, F., Wong, J. L., Freedenthal, S., & Lozano, G. (2010). Development and initial psychometric properties of the UTSA Future Disposition Inventory. *Journal of Clinical Psychology*, 66, 410-429.
- 14. Osman, A., Gutierrez, P. M., Wong, J. L., Freedenthal, S., Bagge, C. L., & Smith, K. D. (2010). Development and psychometric evaluation of the Suicide Anger Expression Inventory 28. *Psychopathology & Behavioral Assessment*, 32, 595 608.
- 15. Freedenthal, S., & Breslin, L. (2010). High school teachers' experiences with suicidal students: A descriptive study. *Journal of Loss and Trauma*, 15, 93 92.
- 16. Howard, M. O., Perron, B. E., Sacco, P., Ilgen, M., Vaughn, M. G., Garland, E., & Freedenthal, S. (2010). Suicide ideation and attempts among inhalant users: Results from the National Epidemiologic Survey on Alcohol and Related Conditions. *Suicide and Life-Threatening Behavior*, 40, 276 286.
- 17. Rutter, P. A., Freedenthal, S., & Osman, A. (2008). Assessing protection from suicidal risk: Psychometric properties of the Suicide Resilience Inventory. *Death Studies*, 32, 1-12.

- 18. Freedenthal, S. (2008). Assessing the wish to die: A 30-year review of the Suicide Intent Scale. *Archives of Suicide Research*, 12, 277-298.
- 19. Peterson, J., Freedenthal, S., Sheldon, C., & Andersen, R. (2008). Nonsuicidal self injury in adolescents. *Psychiatry*, *5*(11), 20-26.
- 20. Walls, N. Eugene, Freedenthal, S., & Wisneski, H. A. (2008). Suicidal ideation and attempts among sexual minority youth receiving social services. *Social Work*, 53,, 21-29.
- 21. Potter, C. C., Freedenthal, S., & Grinstein-Weiss, M. (2008). Institutional supports for faculty scholarship: A national survey of social work programs. *Social Work Research*, 32(4), 220-231.
- 22. Stiffman, A. R., Brown, E., Freedenthal, S., House, L., Ostmann, E., & Yu, M. S. (2007). American Indian youth: Personal, familial, and environmental strengths. *Journal of Child and Family Studies*, *16*, 331-346.
- 23. Freedenthal, S. (2007). Challenges in assessing intent to die: Can suicide attempters be trusted? *Omega: The Journal of Death and Dying*, 55, 53-70.
- 24. Freedenthal, S., Vaughn, M. G., Jenson, J. M., & Howard, M. O. (2007). Inhalant use and suicidality among incarcerated youth. *Drug and Alcohol Dependence*, 90, 81-88.
- 25. Vaughn, M. G., Freedenthal, S., & Jenson, J. M. (2007). Psychiatric symptoms and substance use among juvenile offenders: A latent profile investigation. *Criminal Justice and Behavior*, 34, 1296-1312.
- 26. Freedenthal, S. (2007). Racial disparities in mental health service use by adolescents who thought about or attempted suicide. *Suicide and Life-Threatening Behavior*, 37, 22-34.
- 27. Freedenthal, S., & Stiffman, A. R. (2007). "They might think I was crazy": Young American Indians' reasons for not seeking help when suicidal. *Journal of Adolescent Research*, 22, 58-77.

- 28. Feldman, B., & Freedenthal, S. (2006). Social work education in suicide intervention and prevention: An unmet need? *Suicide and Life-Threatening Behavior*, *36*, 469-482.
- 29. Stiffman, A. R., Freedenthal, S., Dore, P., Ostman, E., Osborne, V., & Silmere, H. (2006). The role of providers in mental health services offered to American Indian youths. *Psychiatric Services*, *37*, 1185-1191.
- 30. Stiffman, A. R., Freedenthal, S., Brown, E., Ostman, E., & Hibbeler, P. (2005). Addictions field research with underserved minorities: The ideal and the real. *Journal of Urban Health*, 82(Supp. 3), iii56-iii66.
- 31. Yu, M., Stiffman, A. R., & Freedenthal, S. (2005). Factors affecting American Indian adolescent tobacco use. *Addictive Behaviors*, *30*, 889-904.
- 32. Freedenthal, S., & Stiffman, A. R. (2004). Suicidal behavior in urban American Indian adolescents: A comparison with reservation youth in a southwestern state. *Suicide and Life-Threatening Behavior*, 34, 160-171.

Refereed Book Chapters

- 1. Auslander, W., Gerke, D., & Freedenthal, S. (2019). Chronic disease and social work: Diabetes, heart disease, and HIV/AIDS. In S. Gehlert & T. Browne (Eds.), *Handbook of health social work, 3rd ed.* (pp. 463-498). Wiley Publishing. https://doi.org/10.1002/9781119420743.ch20. 9781119420729.
- 2. Auslander, W., & Freedenthal, S. (2011). Adherence and mental health issues in chronic disease: Diabetes, heart disease, and HIV/AIDS. In S. Gehlert & T. A. Browne (Eds.), *Handbook of health social work (2nd ed.)*. (pp. 522-556). Wiley Publishing.
- 3. Freedenthal, S. (2008). Suicide. In T Mizrah & L Davis (Eds.), *Encyclopedia of Social Work* (20th Ed.). (pp. 181-186). National Association of Social Workers and Oxford University Press.
- 4. Auslander, W., & Freedenthal, S. (2006). Social work and chronic illness. In S. Gehlert & T. A. Browne (Eds.), *Handbook of health social work*. (pp. 532-567). Wiley Publishing.

Other Book Chapters

- 1. Freedenthal, S. (2021). Suicidal thoughts and related behaviors. In J. A. Laser & N. Nicotera (Eds.), *Working with adolescents: A guide for practitioners, 2nd ed.* (pp. 253-269). Guilford Press.
- 2. Osman, A., Freedenthal, S., Fang, Q., Willis, J., Norizuki, T., & Gutierrez, P. M. (2011). The UTSA Future Disposition Inventory: Further analyses of reliability, validity, and potential correlates in non-clinical samples. In A M Columbus (Ed.), *Advances in psychology research (Vol. 85)*. (pp. 51-70). Nova Science Publishers.

Websites

Freedenthal, S. (2012). Professional website. <u>www.staceyfreedenthal.com</u>.

Freedenthal, S. (2013). Speaking of Suicide: A site for suicidal individuals and their loved ones, mental health professionals, suicide survivors, and others who care. www.speakingofsuicide.com.

Freedenthal, S. (2017). Helping the Suicidal Person: Tips and techniques for professionals. <u>www.helpingthesuicidalperson</u>.

Newspaper Articles (Selected)

Freedenthal, S. (2022, Dec. 17). Suicidal thoughts are often hidden. Here's how to talk about it. *The Washington Post*.

https://www.washingtonpost.com/wellness/2022/12/17/how-to-ask-talk-about-suicidal-thoughts/

Freedenthal, S. (2022, Nov. 10). Veterans are at high risk of suicide. Here's what you can do to help save their lives. *Miami Herald*. https://www.miamiherald.com/opinion/op-ed/article268587632.html

Freedenthal, S. (2021, March 9). How Meghan Markle has already changed the way we talk about suicide. *New York Times*.

https://www.nytimes.com/2021/03/09/well/mind/meghan-markle-suicidal-

https://www.nytimes.com/2021/03/09/well/mind/meghan-markle-suicidal-thoughts.html.

- Freedenthal, S. (2017, May 11). A suicide therapist's secret past. *The New York Times*. www.nytimes.com/2017/05/11/well/mind/a-suicide-therapists-secret-past.html.
- Freedenthal, S. (2007, May 8). Treating mental illness. *Denver Post*. (Available on request.)
- Freedenthal, S. (2000, Feb. 20). Psychiatric hospitals dying despite obvious need. *The Dallas Morning News*. (Available on request.)
- Freedenthal, S. (1999, May 5). Friend finally found the life worth living. *The Dallas Morning News.* (Available on request.)

Magazine Article

Freedenthal, S. (2021). When therapists struggle with suicidality: Releasing ourselves from stigma and shame. *Psychotherapy Networker*. https://www.psychotherapynetworker.org/magazine/article/2576/whentherapists-struggle-with-suicidality

Internet Publications

- 1. Freedenthal, S. (2023). We are all passengers on a submersible. https://staceyfreedenthal.com/we-are-all-passengers-on-a-submersible/
- 2. Freedenthal, S. (2023). 10 self-care tips for psychotherapists (& anyone else who's stressed). https://staceyfreedenthal.com/self-care-tips/
- 3. Freedenthal, S. (2023). The sneaky wisdom of failure. https://staceyfreedenthal.com/the-sneaky-wisdom-of-failure/
- 4. Freedenthal, S. (2023). 10 ways to help someone with suicidal thoughts. https://www.newharbinger.com/blog/self-help/10-ways-to-help-someone-with-suicidal-thoughts/
- 5. Freedenthal, S. (2023). Not (always) speaking of suicide. https://staceyfreedenthal.com/not-always-speaking-of-suicide/
- 6. Freedenthal, S. (2022). Why do suicide hotlines get so much hate? https://www.speakingofsuicide.com/2022/08/15/suicide-hotlines/

- 7. Freedenthal, S. (2022). Ask me anything about suicide prevention: 5 answers for clinicians. https://www.pesi.com/blog/details/2124/ask-me-anything-about-suicide-prevention-5-answers
- 8. Freedenthal, S. (2020). The pandemic, suicide rates, and social isolation. https://www.speakingofsuicide.com/2020/12/30/the-pandemic-suicide-rates-and-social-isolation/.
- 9. Freedenthal, S. (2020). Do you wish you could go to sleep and never wake up? https://www.speakingofsuicide.com/2020/01/10/passive-suicidal-ideation/
- 10. Freedenthal, S. (2019). 12 ways to get therapy if you can't afford it. https://www.speakingofsuicide.com/2019/01/20/12-ways-to-get-therapy-if-you-cant-afford-it/.
- 11. Freedenthal, S. (2018). Let's (really) talk about suicide. https://www.speakingofsuicide.com/2018/06/14/lets-really-talk-about-suicide/.
- 12. Freedenthal, S. (2018). In defense of suicide prevention. https://www.speakingofsuicide.com/2018/02/28/in-defense-of-suicide-prevention/.
- 13. Freedenthal, S. (2018). When suicidal thoughts do not go away. www.speakingofsuicide.com/2018/01/03/chronic-suicidality/.
- 14. Freedenthal, S. (2017). Understanding the person with chronic suicidal thoughts. http://insurancethoughtleadership.com/understanding-person-with-suicidal-thoughts/.
- 15. Freedenthal, S. (2017). 10 things to say to a suicidal person. www.speakingofsuicide.com/2017/10/03/10-things-to-say/.
- 16. Freedenthal, S. (2017). Language matters: Committed suicide vs. completed suicide vs. died by suicide. www.speakingofsuicide.com/2017/09/21/suicide-language/.

- 17. Freedenthal, S. (2017). How to navigate confidentiality and contact with family after a client's suicide.

 www.speakingofsuicide.com/2017/09/16/confidentiality-after-client-suicide/.
- 18. Freedenthal, S. (2017). "What stops you from killing yourself?". www.speakingofsuicide.com/2017/09/04/what-stops-you/.
- 19. Freedenthal, S. (2017). Speaking of suicide ... within limits. www.speakingofsuicide.com/2017/08/17/speaking-of-suicide-within-limits/.
- 20. Freedenthal, S. (2017). Would an anti-self-harm oath reduce veteran suicide? http://www.speakingofsuicide.com/2017/08/13/military-oath/.
- 21. Freedenthal, S. (2017). "If you take meds for mental illness, do not feel ashamed or weak.". www.speakingofsuicide.com/2017/06/03/if-you-take-meds-for-mental-illness-do-not-feel-ashamed-or-weak/.
- 22. Freedenthal, S. (2017). Why I came out of the (suicide) closet. www.speakingofsuicide.com/2017/05/16/why-i-came-out/.
- 23. Freedenthal, S. (2017). Can "13 Reasons Why" really trigger suicide? www.speakingofsuicide.com/2017/04/30/suicide-contagion/.
- 24. Freedenthal, S. (2017). When a suicide prevention hero dies by suicide. www.speakingofsuicide.com/2017/03/30/when-a-suicide-prevention-hero/.
- 25. Freedenthal, S. (2017). "When hope is gone, just hang on": More songs against suicide. www.speakingofsuicide.com/2017/03/24/more-songs-against-suicide/.
- 26. Freedenthal, S. (2017). If you are suicidal, envision your future selves. www.speakingofsuicide.com/2017/03/08/envision-your-future-selves/.
- 27. Freedenthal, S. (2015). "Let's get physical": 7 tips to calm anxiety. http://www.speakingofsuicide.com/2015/08/20/tips-to-calm-anxiety/.
- 28. Freedenthal, S. (2015). 10 things not to say to a suicidal person. http://www.speakingofsuicide.com/2015/03/03/what-not-to-say/.

- 29. Freedenthal, S. (2015). Beyond magic: How do we detect suicidal thoughts? http://www.speakingofsuicide.com/2015/03/29/detect-suicidal-thoughts/.
- 30. Freedenthal, S. (2015). Is it selfish to die in a tornado? http://www.speakingofsuicide.com/2015/10/28/is-it-selfish/.
- 31. Freedenthal, S. (2014). Letter from a therapist to a suicidal person. http://www.speakingofsuicide.com/2014/05/01/letter/.
- 32. Freedenthal, S. (2013). "How would you listen to a person on the roof?". http://www.speakingofsuicide.com/2013/06/06/how-would-you-listen-to-a-person-on-the-roof/.
- 33. Freedenthal, S. (2013). "Why prevent suicide? Here are my reasons." http://www.speakingofsuicide.com/2013/05/19/why-stop-someone-from-suicide/
- 34. Freedenthal, S. (2013). "You can't do everything": Limitations in helping a suicidal person. http://www.speakingofsuicide.com/2013/06/21/you-cant-do-everything/.
- 35. Freedenthal, S. (2013). 10 reasons teens avoid telling parents about suicidal thoughts. http://www.speakingofsuicide.com/2013/05/29/parents-and-teens/.
- 36. Freedenthal, S. (2013). Are you afraid that asking about suicidal thoughts will anger the person? http://www.speakingofsuicide.com/2013/05/15/afraid-to-ask/.
- 37. Freedenthal, S. (2013). Are you thinking of killing yourself? http://www.speakingofsuicide.com/2013/04/15/are-you-thinking-of-killing-yourself/.
- 38. Freedenthal, S. (2013). Better mad than dead: Keeping a friend's suicidal thoughts secret. http://www.speakingofsuicide.com/2013/07/15/better-mad-than-dead/.
- 39. Freedenthal, S. (2013). Coping with the suicide of a loved one. http://www.speakingofsuicide.com/2013/05/29/coping-with-the-suicide-of-a-loved-one/.

- 40. Freedenthal, S. (2013). Do antidepressants cause suicide? http://www.speakingofsuicide.com/2013/05/26/do-antidepressants-cause-suicide/.
- 41. Freedenthal, S. (2013). Do you blame yourself for thinking of suicide? http://www.speakingofsuicide.com/2013/07/10/do-you-blame-yourself/.
- 42. Freedenthal, S. (2013). Documentation: Do it well, for the client's sake and yours. http://www.speakingofsuicide.com/2013/05/25/documentation/.
- 43. Freedenthal, S. (2013). Does talking about suicide plant the idea in a person's mind? http://www.speakingofsuicide.com/2013/05/15/asking-about-suicide/.
- 44. Freedenthal, S. (2013). How to find a therapist who does not panic. http://www.speakingofsuicide.com/2013/07/22/therapists-who-do-not-panic/.
- 45. Freedenthal, S. (2013). If you suspect a friend or loved one is thinking of suicide. http://www.speakingofsuicide.com/2013/04/12/if-you-suspect/.
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- 50. Freedenthal, S. (2013). Preventing suicide attempts in 4 sessions: Is it possible? http://www.speakingofsuicide.com/2013/05/31/short-intervention-program/.
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- 55. Freedenthal, S. (2013). Talking back to suicidal thoughts. http://www.speakingofsuicide.com/2013/07/31/talking-back-to-suicidal-thoughts/.
- 56. Freedenthal, S. (2013). The Hope Box. http://www.speakingofsuicide.com/2013/05/16/hope-box/.
- 57. Freedenthal, S. (2013). The military, veterans, and suicide. http://www.speakingofsuicide.com/2013/05/27/military-and-suicide/.
- 58. Freedenthal, S. (2013). The most dangerous time: Suicide after discharge from a psychiatric hospital. http://www.speakingofsuicide.com/2013/05/30/suicide-after-hospitalization/.
- 59. Freedenthal, S. (2013). Does your mind lie to you about suicide & the people who care about you?. http://www.speakingofsuicide.com/2013/06/08/the-people-you-would-leave-behind/.
- 60. Freedenthal, S. (2013). The use of no-suicide contracts. http://www.speakingofsuicide.com/2013/05/15/no-suicide-contracts/.
- 61. Freedenthal, S. (2013). The woman who lived in a tipi. http://www.speakingofsuicide.com/2013/05/04/the-woman-who-lived-in-a-tipi/.
- 62. Freedenthal, S. (2013). Uncovering suicidal thoughts. http://www.speakingofsuicide.com/2013/05/15/uncovering-suicidal-thoughts/.

- 63. Freedenthal, S. (2013). What are your reasons for dying and for living? http://www.speakingofsuicide.com/2013/06/03/reason/.
- 64. Freedenthal, S. (2013). What is cognitive behavioral therapy (CBT)? http://www.speakingofsuicide.com/2013/05/23/what-is-cbt/.
- 65. Freedenthal, S. (2013). What to tell children of a loved one's suicide? http://www.speakingofsuicide.com/2013/05/05/what-to-tell-children/.
- 66. Freedenthal, S. (2013). What's your pleasure? http://www.speakingofsuicide.com/2013/06/25/whats-your-pleasure/.
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- 68. Freedenthal, S. (2013). Why I study suicide. http://www.speakingofsuicide.com/about-the-autho/why-i-study-suicide/.
- 69. Freedenthal, S. (2013). Will I be committed to a mental hospital if I tell a therapist about my suicidal thoughts? http://www.speakingofsuicide.com/2013/04/14/fears-of-mental-hospital/.
- 70. Freedenthal, S. (2013). Won't people spontaneously disclose their suicidal thoughts? http://www.speakingofsuicide.com/2013/05/15/disclosing-suicidal-thoughts/.
- 71. Freedenthal, S. (2013, Nov. 12). How to turn self-hatred into self-compassion. *Good Therapy Blog*. https://www.goodtherapy.org/blog/how-to-turn-self-hatred-into-self-compassion-1112135
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Book Review

Freedenthal, S. (2008). John R Z Abela & Benjamin L Hankin (Eds.) Handbook of depression in children and adolescents. *Social Service Review*, 82, 765-768.

Conference Proceedings

- 1. Freedenthal, S., & Gutierrez, P. (2007). Adolescents' disclosures of suicidality: Who knows? *In J.R. Rogers (Ed.), Suicide 2006: Proceedings of the 39th annual conference of the American Association of Suicidology.* (pp. 102-105). American Association of Suicidology.
- 2. Freedenthal, S., & Stiffman, A. R. (2005). Reasons for not seeking help when suicidal: A study of American Indian youth. *J.R. Rogers (Ed.), Suicide 2004: Proceedings of the 37th annual conference of the American Association of Suicidology.* (pp. 185-187). American Association of Suicidology.
- 3. Feldman, B., & Freedenthal, S. (2005). Social work education in suicide prevention and intervention: An unmet need? *J.R. Rogers (Ed.), Suicide* 2004: *Proceedings of the 37th annual conference of the American Association of Suicidology.* (pp. 93-95). American Association of Suicidology.
- 4. Freedenthal, S., Stiffman, A. R., & Ostmann, E. (2004). American Indian teen suicide risk and help-seeking. *J.R. Rogers (Ed.), Suicide 2003: Proceedings of the 36th annual conference of the American Association of Suicidology.* (pp. 172-174). American Association of Suicidology.
- 5. Stiffman, A. R., & Freedenthal, S. (2004). Suicidal behavior and American Indian adolescents. *J.R. Rogers (Ed.), Suicide 2003: Proceedings of the 36th annual conference of the American Association of Suicidology.* American Association of Suicidology.
- 6. Freedenthal, S., Stiffman, A. R., & Ostmann, E. (2004). Suicide attempts and service use among American Indian adolescents. *C. Newman, C. Liberton, K. Kutash, & R. Friedman (Eds.), 15th Annual Research Conference Proceedings: A system of care for children's mental health: Expanding the research base.* (pp. 385-388). University of South Florida, Louis de la Parte Florida Mental Health Institute, Research and Training Center for Children's Mental Health.

Research Reports

Freedenthal, S. (2008). Yellow Ribbon suicide prevention program: Evaluation of effectiveness. State of Colorado, Department of Public Health and Environment, Office of Suicide Prevention.

- Freedenthal, S. (2007). Preliminary results of focus groups and pilot testing for the Yellow Ribbon suicide prevention program evaluation. State of Colorado, Department of Public Health and Environment, Office of Suicide Prevention.
- Freedenthal, S. (2007). Study design and methodology for the Yellow Ribbon suicide prevention program evaluation. State of Colorado, Department of Public Health and Environment, Office of Suicide Prevention.
- Freedenthal, S. (2007). Yellow Ribbon suicide prevention program evaluation: Status report. State of Colorado, Department of Public Health and Environment, Office of Suicide Prevention.

Presentations Given

Refereed Conference Presentations

- 1. Freedenthal, S., 46th Annual Psychotherapy Networker Symposium, "Fostering hope in suicidal clients: Evidence-based techniques beyond safety and survival," Psychotherapy Networker & PESI, Washington, D.C. (March 2023).
- 2. Freedenthal, S., 33rd Annual Suicide Prevention Conference, "Understanding and treating chronic suicidal ideation," State of Maryland, Maryland (Online). (October 2021).
- 3. Freedenthal, S., & Nicotera, N. Annual Program Meeting Council on Social Work Education, "Interactive Methods for Infusing Social Justice Content in Clinical Classes," Council on Social Work Education, Denver, Colorado. (October 2019).
- 4. Freedenthal, S., Nicotera, N., Simpson, S., 52nd Annual Conference of the American Association of Suicidology, "Cognitive and emotional responses to suicidal ideation: A qualitative study," American Association of Suicidology, Denver, CO. (April 2019).
- Freedenthal, S., 51st Annual Conference of the American Association of Suicidology, "Helping the suicidal person: Tips and techniques for professionals (8-hour pre-conference workshop)," American Association of Suicidology, Washington, DC. (April 2018).

- Spencer-Thomas, S. (Chair), Stuber, J. (Panelist), Freedenthal, S. (Panelist), M. D. (Panelist), 51st Annual Conference of the American Association of Suicidology, "Leveraging lived experience to create social change: Stories of advocacy and media engagement," American Association of Suicidology, Washington, DC. (April 2018).
- 7. Gutin, N., Freedenthal, S., Aeschi 9: Suicide Across the Lifespan: Relational Models of Treatment. Vail, CO. (June 2017), "The last taboo: Mental health clinicians and "lived experience" of suicidality," The Mayo Clinic, Vail, CO. (June 2017).
- 8. Acosta, M., Osman, A., Gutierrez, P. M., Bagge, C. L., Freedenthal, S., Wong, J. L., Pirani, S., 29th Association for Psychological Science Annual Convention, "The Multidimensional Revenge Attitudes Inventory: Validation of scores on a new measure of revenge," Association for Psychological Science, Chicago, IL. (May 2016).
- Freedenthal, S., Colorado Mental Health Professionals Conference, "A riddle inside an enigma: Challenges in assessing suicidal intent, and suggestions for practice," Colorado Counseling Association, NASW-Colorado, & Colorado Psychological Association, Denver, CO. (April 2016).
- 10. Freedenthal, S. (Author & Presenter), Nicotera, N. (Author & Presenter), 46th Annual Conference of the American Association of Suicidology, "Memoirs as data: What can we learn from autobiographies about suicidal thoughts and attempts?," Austin, TX. (April 2013).
- 11. Freedenthal, S., Ackelson, A., 44rd Annual Conference of the American Association of Suicidology, "Suicide risk among recently released prisoners: A systematic review," Portland, OR. (April 2011).
- 12. Freedenthal, S., Vaughn, M., Shook, J., Pease, J., 15th Annual Conference of the Society for Social Work and Research,, "Racial disparities in mental health service use: A study of adjudicated adolescents," Tampa, FL. (January 2011).
- 13. Pease, J., Freedenthal, S., Peterson, J., Sheldon, J. C., Ackelson, A. L., 43rd Annual Conference of the American Association of Suicidology, "Adolescent self harm: A qualitative study of triggers, functions and healthy alternatives," Orlando, FL. (April 2010).

- 14. Freedenthal, S., Peterson, J., Pease, J., Ackelson, A. L., Sheldon, J. C., Fischer, C., 43rd Annual Conference of the American Association of Suicidology, "Do actions speak louder than words? Challenges in assessing adolescent suicidal intent," Orlando, FL. (April 2010).
- 15. Freedenthal, S., 14th Annual Conference of the Society for Social Work and Research, "Adolescent help-seeking after a suicide prevention program: Evidence from staff and students," San Francisco, CA. (January 2010).
- 16. Freedenthal, S., Bridging the Divide, Suicide Awareness and Prevention Summit, "American Indian suicide prevention," Regis University, Denver, CO. (May 2009).
- 17. Freedenthal, S., Breslin, L., 42nd Annual Conference of the American Association of Suicidology, "Adolescent help-seeking and the Yellow Ribbon suicide prevention program," San Francisco, CA. (April 2009).
- 18. Freedenthal, S., Breslin, L., 13th Annual Conference of the Society for Social Work and Research, "High school teachers' experiences with suicidal students: A descriptive study," New Orleans, LA. (January 2009).
- 19. Freedenthal, S., Bridging the Divide, Suicide Awareness and Prevention Summit, "After a client's suicide: The road for therapists," Regis University, Denver, CO. (May 2008).
- 20. Freedenthal, S., Stiffman, A. R., 41st Annual Conference of the American Association of Suicidology, ""They just go overboard": Why teens do not tell adults about suicidal peers," Boston, MA. (April 2008).
- 21. Freedenthal, S., Stiffman, A. R., 12th Annual Conference of the Society for Social Work and Research, "Suicidal behavior in self and others: Differential relationships in American Indian youth," Washington, D.C. (January 2008).
- 22. Freedenthal, S., Beals, J., Manson, S., Novins, D. K., AI-SUPERPFP Team, Navajo Nation Human Research Review Board Conference, "Suicidality and help-seeking in two American Indian tribes," Window Rock, AZ. (September 2007).
- 23. Freedenthal, S., 40th Annual Conference of the American Association of Suicidology, "Assessing the wish to die: A 30-year review of the Suicide Intent Scale," New Orleans, LA. (April 2007).

- 24. Freedenthal, S., Stiffman, A. R., 40th Annual Conference of the American Association of Suicidology, "Suicidality and exposure to suicidal behavior: A study of American Indian youth," New Orleans, LA. (April 2007).
- 25. Walls, N. Eugene, Freedenthal, S., Potter, C. C., Boyle, S., 11th Annual Conference of the Society for Social Work and Research, "Where risk and protective factors operate differently: Homeless sexual minority youth and suicide attempts," San Francisco, CA. (January 2007).
- 26. Potter, C. C. (Presenter), Walls, N. Eugene (Presenter), Freedenthal, S. (Presenter), 11th Annual Conference of the Society for Social Work and Research, "Where risk and protective factors operate differently: Homeless sexual minority youth and suicide attempts," Society for Social Work and Research, San Francisco, CA. (January 11, 2007).
- 27. Freedenthal, S., Gutierrez, P. M., 39th Annual Conference of the American Association of Suicidology, "Adolescents' disclosures of suicidality: Who knows?," Seattle, WA. (April 2006).
- 28. Stiffman, A. R., Freedenthal, S., Dore, P., Ostmann, E., 10th Annual Conference of the Society for Social Work and Research, "What gateway provider characteristics determine services for American Indian youth," San Antonio, TX. (January 2006).
- 29. Freedenthal, S., 9th Annual Conference of the Society for Social Work and Research, "Gender differences in suicidal adolescents' mental health service use: Analysis of a national survey," Miami, FL. (January 2005).
- 30. Freedenthal, S., 9th Annual Conference of the Society for Social Work and Research, "Going it alone: Suicidal American Indian adolescents' help needed vs. help received," Miami, FL. (January 2005).
- 31. Stiffman, A. R., Freedenthal, S., House, L., Brown, E., International Congress of the World Psychiatric Association, "The role of the gateway provider in accessing psychiatric services," Florence, Italy. (November 2004).
- 32. Freedenthal, S., Stiffman, A. R., 37th Annual Conference of the American Association of Suicidology, "Reasons for not seeking help when suicidal: A study of American Indian youth," Miami, FL. (April 2004).

- 33. Freedenthal, S., Feldman, B., 37th Annual Conference of the American Association of Suicidology, "Social work education in suicide intervention and prevention: An unmet need?," Miami, FL. (April 2004).
- 34. Harvey, J. D., Freedenthal, S., Gutierrez, P. M., Fernquist, R., 37th Annual Meeting of the American Association of Suicidology, "Career development strategies in suicide research: Working with a mentor," Miami, FL. (April 2004).
- 35. Feldman, B., Freedenthal, S., Annual Program Meeting of the Council on Social Work Education, "Social work education in suicide intervention and prevention: An unmet need?," Anaheim, CA. (March 2004).
- 36. Freedenthal, S., Stiffman, A. R., 8th Annual Conference of the Society for Social Work and Research, "Predictors of suicidal behavior in American Indians: A focus on urban youth," New Orleans, LA. (January 2004).
- 37. Freedenthal, S., Feldman, B., 8th Annual Conference of the Society for Social Work and Research,, "Working with suicidal clients: Predictors of social workers' perceived competence," New Orleans, LA. (January 2004).
- 38. Freedenthal, S., 131st Annual Meeting of the American Public Health Association, "Suicide risk and service use: A focus on American Indian adolescents," San Francisco, CA. (November 2003).
- 39. Freedenthal, S., Stiffman, A. R., Ostmann, E., 36th Annual Conference of the American Association of Suicidology, "American Indian teen suicide risk and help seeking," Santa Fe, NM. (April 2003).
- 40. Freedenthal, S., Stiffman, A. R., House, L., 36th Annual Conference of the American Association of Suicidology, "Suicidal behavior in American Indian adolescents," Santa Fe, NM. (April 2003).
- 41. Freedenthal, S., Stiffman, A. R., Ostmann, E., 16th Annual Research Conference of The Research and Training Center for Children's Mental Health, "Suicide attempts and service use in American Indian adolescents," Tampa, FL. (March 2003).

- 42. Freedenthal, S., Polio, D., Eyrich, K., 7th Annual Conference of the Society for Social Work and Research,, "A systematic exploration of suicidality in a homeless population," Washington, DC. (January 2003).
- 43. Freedenthal, S., Kenneth Lutterman Award Session for Exemplary Student Papers in Mental Health, 130th Annual Meeting of American Public Health Association,, "Suicidal behavior in American Indian adolescents: A comparison of reservation and urban youth in a southwestern state," Philadelphia, PA. (November 2002).

Invited Presentations

- 1. Freedenthal, S. 8th Vilnius Conference on Suicide Intervention Methods. "Loving Someone with Suicidal Thoughts." Vilnius University, Lithuania. (Online). December 2023.
- 2. Freedenthal, S. 20th Annual Trauma and Loss Coalition Conference, "Loving Someone with Suicidal Thoughts." Piscataway, NJ. November 2023.
- 3. Freedenthal, S. Breaking the Silence: Continuing the Conversation on Suicide. "Speaking of Suicide and Listening, Too." SAFE Task Force, Pittsburgh, Pennsylvania. (Online). November 2023.
- 4. Berkowitz, J., Freedenthal, S., Hassa, A., Lopez, D. New Jersey 8th Annual Suicide Prevention Conference, "Approaching the cliff: A conversation about passive suicide" [Panel presentation]. (Online). October 2023.
- 5. Freedenthal, S. ""Helping the suicidal person: Case consultations." Queens University, Côté Sharp Student Wellness Centre, Ontario. (Online). September 2023.
- 6. Freedenthal, S. First Responders Suicide Awareness Conference, "Loving someone with suicidal thoughts." Legacy Place Society. Edmonton, Canada. September 2023.
- 7. Freedenthal, S. ""Helping the suicidal person: A clinical toolbox." Queens University, Côté Sharp Student Wellness Centre, Ontario. (Online). September 2023.

- 8. Freedenthal, S. "Loving Someone with Suicidal Thoughts," Suicide Prevention Coalition of Colorado. (Online). September 2023.
- 9. Freedenthal, S. State of Colorado Public Defender Conference. "Helping the Suicidal Person: Beyond the Psychotherapy Office." Westminster, CO. September 2023.
- 10. Freedenthal, S. "Helping the suicidal person: A clinical toolbox." San Francisco, CA, Dept. of Public Health, Behavioral Health Services. (Online). September 2023.
- 11. Freedenthal, S. Virginia Dept. of Criminal Justice Services School Safety Training Forum, "Loving someone with suicidal thoughts." Hampton, Virginia. July 2023.
- 12. Freedenthal, S. Virginia Dept. of Criminal Justice Services School Safety Training Forum, "Speaking of suicide." Hampton, Virginia. July 2023.
- 13. Freedenthal, S. "Listening to Suicidal Clients: How to Move Beyond Fear and Defensive Practice." Saint Luke Institute, Silver Spring, MD. (Online). June 2023.
- 14. Freedenthal, S. University of Denver Graduate School of Social Work, Clinical Master Teaching Award Lecture, "Trauma-informed pedagogy: Lessons learned from teaching a suicide assessment class." Denver, CO. May 2023.
- 15. Freedenthal, S. AAS23: The 56th Annual American Association of Suicidology Conference, "Loving someone with suicidal thoughts." Portland, OR. April 2023.
- 16. Freedenthal, S. Veterans Behavioral Health Conference, "Understanding and treating chronic suicidal ideation." Behavioral Health Administration, Maryland Dept. of Health. (Online). November 2022.
- 17. Freedenthal, S. Mediation and Mental Health Conference, "Mental health stigma and suicide awareness," Mediate.com (Online). September 2022.
- 18. Freedenthal, S. "Understanding and treating chronic suicidal ideation," Huntsville, Alabama, VA (Online). September 2022.

- 19. Freedenthal, S., Suicide Prevention Summit, "Helping the suicidal person: A clinical toolbox," Mental Health Academy, United Kingdom (Online). September 2022.
- Freedenthal, S., "Understanding and treating chronic suicidal ideation,"
 Muscogee (Creek) Nation Department of Health, Oklahoma (Online). June 2022.
- 21. Freedenthal, S., "Helping the suicidal person: A clinical toolbox," Muscogee (Creek) Nation Department of Health, Oklahoma (Online). April 2022.
- 22. Freedenthal, S., "Moving beyond defensive practice with the suicidal person," Stand Up Reach Out, Eagle County, CO (Online). April 2022.
- 23. Freedenthal, S., Psychotherapy Networker Symposium, "Listening to suicidal clients: How to move beyond fear and defensive practice," Psychotherapy Networker & PESI Inc., Washington, D.C. (Online; asynchronous). March 2022.
- 24. Freedenthal, S., The 2021 Mental Health Super Summit, "Moving beyond fear and defensive practice with suicidal clients," Mental Health Academy, United Kingdom (Online). October 2021.
- 25. Freedenthal, S., Suicide Prevention Summit, "Moving beyond fear and defensive practice with suicidal clients," Mental Health Academy, United Kingdom (Online). September 2021.
- 26. Freedenthal, S., The Clinician's Suicide Prevention Summit, "Helping the suicidal person: A clinical toolbox," PESI Inc. & Psychotherapy Networker, U.S. (Online). September 2021.
- 27. Freedenthal, S. "Q & A with Dr. Stacey Freedenthal," Huntsville, Alabama, VA (Online). September 2021.
- 28. Freedenthal, S., Bridging the Divide Virtual Suicide Prevention Summit, "Understanding chronic suicidal thoughts," Suicide Prevention Coalition of Colorado, Denver, CO (Online). August 2021.
- 29. Freedenthal, S., "Helping the suicidal person: Moving beyond staying alive to building a life worth living," U.S. Navy, Japan (Online). July 2021.

- 30. Freedenthal, S., "Helping the suicidal person: Risk assessment, documentation, & safety planning," U.S. Navy, Japan (Online). July 2021.
- 31. Freedenthal, S., "Helping the suicidal person: Talking about suicide," U.S. Navy, Japan (Online). July 2021.
- 32. Freedenthal, S., Project BE-AHEAD Training, "Treating people with chronic suicidal ideation: Challenges and remedies," University of Georgia, Athens, GA (Online). June 2021.
- 33. Freedenthal, S., "When suicidal thoughts persist: Treating chronic ideation," Pinebrook Family Answers, Allentown, PA (Online). June 2021.
- 34. Freedenthal, S., "Helping the suicidal person: Tips and techniques," Pinebrook Family Answers, Allentown, PA (Online). March 2021.
- 35. Freedenthal, S., "Five challenges in helping the suicidal person," Riverside Trauma Center, Needham, MA (Online). February 2021.
- 36. Freedenthal, S., Annual Clinical Updates Colloquium, "Helping the suicidal person: Moving beyond fear and defensive practice," Kutztown University of Pennsylvania, Pennsylvania (Online). January 2021.
- 37. Freedenthal, S., "Helping the suicidal person: Beyond the psychotherapy office," State of Colorado, Public Defender Forensic Social Workers, Denver (Online). November 2020.
- 38. Freedenthal, S., Mental Health Summit, "When suicidal thoughts persist: Treating chronic ideation," Grow, New Zealand (Online). November 2020.
- 39. Freedenthal, S., Suicide Prevention Summit, "Fear and hope in suicide prevention: A personal and professional perspective [Keynote speech]," University of Wisconsin-La Crosse, Wisconsin (Online). September 2020.
- 40. Freedenthal, S., Suicide Prevention Summit, "Five challenges in helping the suicidal person," University of Wisconsin-La Crosse, Wisconsin (Online). September 2020.

- 41. Freedenthal, S., Suicide Prevention Summit (U.S.) "When suicidal thoughts persist: Treating chronic suicidal ideation," Mental Health Academy (Online). August 2020.
- 42. Freedenthal, S., Suicide Prevention Summit (United Kingdom), "When suicidal thoughts persist: Treating chronic suicidal ideation," Mental Health Academy, United Kingdom (Online). March 2020.
- 43. Freedenthal, S., Addiction and Mental Health Research Symposium, "Joining the suicidal person where they are: Listening, connecting, understanding," Metro South Addiction & Mental Health Services, Queensland, Australia (Online). November 2019.
- 44. Freedenthal, S., Monthly Salon Series, "How to help when suicidal thoughts do not go away," Colorado Society of Clinical Social Work. Denver, CO. November 2019.
- 45. Freedenthal, S., MHCD Zero Suicide Initiative, "Helping the suicidal person: Tips and techniques for professionals," MHCD. Denver. Multiple presentations; July 2019 November 2019.
- 46. Freedenthal, S., Mental Health Super Summit, "When suicidal thoughts persist: Treating chronic ideation," Mental Health Academy, Australia (Online). October 2019.
- 47. Edwards, B., Freedenthal, S., Lezine, D., McAllister, E., 30th World Congress of the International Association for Suicide Prevention, "Lived experience panel discussion," International Association for Suicide Prevention, Derry-Londonderry, Northern Ireland. September 2019.
- 48. Freedenthal, S., Suicide Prevention Summit (U.S.), "Five challenges in helping the suicidal person," Mental Health Academy, United States (Online). September 2019.
- 49. Freedenthal, S., Waukesha County (Wisconsin) Suicide Prevention Initiative, "Helping people with chronic suicidal thoughts," Waukesha County, WI. August 2019.

- 50. Freedenthal, S., 2019 Rocky Mountain Research Training Institute: Research to Practice for Suicide Prevention, "Engaging Communities and Stakeholders," Denver, CO. June 2019.
- 51. Freedenthal, S., Aeschi 10: Affirming the Relevance of Narrative in Contemporary Suicide Assessment and Treatment, "Posttraumatic growth in clinicians with a personal history of suicidality," Mayo Clinic, Vail, CO. June 2019.
- 52. Freedenthal, S., Rocky Mountain Crisis Partners Staff Development, "Maintaining empathy and collaboration in suicide assessment and intervention," Denver, CO. June 2019.
- 53. Freedenthal, S., GSSW Professional Development, "Talking about suicide," Durango, CO. April 2019.
- 54. Freedenthal, S., Suicide Prevention Summit (Australia), "Five challenges in helping the suicidal person," Mental Health Academy, Queensland, Australia (Online). April 2019.
- 55. Freedenthal, S., Prevent Suicide Greater Milwaukee & Mental Health America Wisconsin, "Helping the suicidal person: Tips and techniques for professionals," Milwaukee, WI. March 2019.
- 56. Freedenthal, S., The 2019 Rhoda G. Sarnat Lecture, "Understanding suicide's allure: A professional and personal perspective," University of Chicago School of Social Service Administration, Chicago, IL. March 2019.
- 57. Freedenthal, S., University of Chicago Professional Development Program, "Helping the suicidal person: Tips and techniques for professionals," University of Chicago School of Social Service Administration, Chicago, IL. March 2019.
- 58. Freedenthal, S., 6th Annual Elevating the Conversation Conference, "Helping suicidal clients: A clinical toolbox," Colorado Psychological Association, Denver, CO. February 2019.
- 59. Freedenthal, S., University of Denver Professional Development Program, "Helping the suicidal person: Building hope, reasons for living, and resilience," Denver, CO. November 2018.

- 60. Freedenthal, S., University of Denver Professional Development Program, "Helping the suicidal person: Assessing risk and planning for safety," Denver, CO. October 2018.
- 61. Freedenthal, S., 51st Annual Conference of the American Association of Suicidology, "Coming out of the suicide closet: The good, the bad, and the beautiful," American Association of Suicidology, Washington, DC. April 2018.
- 62. Freedenthal, S., "When the professional is personal: Lessons from lived experience of suicidality and helping the suicidal person," United Suicide Survivors International (Online). September 2018.
- 63. Freedenthal, S. "Helping the suicidal person: Tips and techniques for practice," Second Wind Fund, Denver, CO. March 2018.
- 64. Freedenthal, S. Public impact colloquium: Case studies in public dissemination of research. "Speaking of suicide," Graduate School of Social Work, University of Denver. March 2018.
- 65. Freedenthal, S. "Helping the suicidal person: Challenges & antidotes." Suicide Prevention Coalition of Colorado, Education Session, Denver, CO. February 2018.
- 66. Freedenthal, S., "Helping the suicidal person: Tips and techniques for practice," Second Wind Fund, Grand Junction, CO. October 2017.
- 67. Freedenthal, S., "Assessing and treating people with chronic suicidality," Colorado Coalition for the Homeless, Denver, CO. June 2017.
- 68. Freedenthal, S., "Differences between acute and chronic suicidality," Suicide Prevention Coalition of Colorado, Denver, CO. March 2017.
- 69. Freedenthal, S., "Using the new DSM 5 in practice: Challenges and changes," MHCD, Denver, CO. May 2015.
- 70. Freedenthal, S., "Working with suicidal clients: Tips and techniques," National Association of Social Workers-Colorado. March 2015.
- 71. Freedenthal, S., "Using the new DSM 5 in practice: Challenges and changes," National Association of Social Workers Colorado, Denver, CO. February 2015.

- 72. Freedenthal, S., "Working with suicidal clients: Clinical and ethical challenges," Colorado Society for Clinical Social Work, Denver, CO. February 2015.
- 73. Freedenthal, S., "Working with children and adolescents at risk for suicide," Sungate Kids, Denver, CO. November 2014.
- 74. Freedenthal, S., "DSM 5: New content, new controversies," Colorado Society for Clinical Social Work, Denver, CO. February 2014.
- 75. Freedenthal, S., "Beyond the basics: Suicide risk assessment and intervention techniques," Colorado Mental Health Institute Fort Logan, Denver, CO. January 2014.
- 76. Freedenthal, S., "Using the new DSM 5 in practice: Challenges and changes," National Association of Social Workers Colorado, Denver, CO. August 2013.
- 77. Freedenthal, S., "Evidence-based therapies for youth at risk for suicide: Research Update," Second Wind Fund of Metro Denver. May 2013.
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- 33. Vore, R., & Austin, S. (Producers). (2017, Nov. 27). Speaking of suicide (featuring Dr. Stacey Freedenthal). *CXMH Podcast*. https://cxmhpodcast.com/show-notes/2017/11/24-speaking-of-suicide-feat-dr-stacey-freedenthal
- 34. Epstein, M. (Producer). (2017). Stacey Freedenthal, PhD, LCSW, of Speaking of Suicide. *Talk with ME Podcast*. https://player.fm/series/talk-with-me/stacey-freedenthal-phd-lcsw-of-speaking-of-suicide
- 35. KKOA Radio. (2005, Sept. 9). Live interview regarding psychological trauma following Hurricane Katrina. Denver, CO. (Not available online.)

Television and Other Video

- * Items marked with an asterisk are also listed under Radio and Podcasts, for audio only
- 1. * Castelino, L. (2023, Sept. 26). How to talk about suicide: POV from a suicidologist. *Where Parents Talk*. https://www.youtube.com/watch?v=k93RZjWkXDk
- 2. Perel, E. (2023, June). Case consultation with Stacey Freedenthal. Sessions with

Esther Perel. https://www.sessions.estherperel.com

- 3. Perel, E. (2023, June). Helping the suicidal person: Tips and techniques for professionals with Stacey Freedenthal. *Sessions with Esther Perel*. https://www.sessions.estherperel.com
- 4. * MacPherson, G. (2023, March 23). Episode 710: Helping People Stay Alive with Stacey Freedenthal, PhD. *Trauma Therapist Podcast*. https://www.youtube.com/watch?v=YmMih1MG-UY
- 5. * Reagan, L. (2023, Feb. 2). 368: Helping someone who has suicidal thoughts With Dr. Stacey Freedenthal. *Therapy Podcast*. https://youtu.be/BIA8A55XBjc
- 6. KODE News. (2023, Jan. 25) GMFS Life Saving Therapist Dr. Stacey Freedenthal (Pt.1). Joplin, MO. https://youtu.be/7nadWDg2TG0
- 7. KODE News. (2023, Jan. 25). GMFS Life Saving Therapist Dr. Stacey Freedenthal (Pt.2). Joplin, MO. https://youtu.be/QF11Fu9Clpw
- 8. Rogers, A. M. (2023, Jan. 27). Loving Someone With Suicidal Thoughts Webinar. https://youtu.be/0tVdh5D62jw
- 9. * Fontenelle, P. (Producer). (2023, Jan. 19). Ep. 97 Loving someone with suicidal thoughts | Stacey Freedenthal. *Understand Suicide*. https://youtu.be/LDYLcz2jOao
- 10. KATU/ABC News. (2022, Dec. 22). Live interview: Loving someone with suicidal thoughts. Portland, OR. https://katu.com/afternoon-live/books-authors/loving-someone-with-suicidal-thoughts
- 11. Borison, S. (2022, Dec. 15). How a Parent Can Talk About Suicide. *Your Teen Magazine for Parents*. https://www.youtube.com/live/Jxb0CdOLaD0?feature=share
- 12. * Fontenelle, P. (Producer). (2022, Jan. 19). Suicide rates dropped in 2020: how can that be? | John Sommers Flanagan and Stacey Freedenthal. *Understand Suicide*. https://youtu.be/fPrDdQg7G_E
- 13. Sample, K. (2021, August 31). Stacey Freedenthal on treating suicidal clients. PESI Inc. https://www.youtube.com/watch?v=SR94GAMbPz4

- 14. * Fontenelle, P. (Producer). (2020, July 6). What to say to a suicidal person: Interview with Stacey Freedenthal. *Understand Suicide*. https://youtu.be/hJxOmnw7AXY
- 15. Spencer-Thomas, S. (Producer). (2018, Sept. 11). Webinar "When The Professional is Personal: Lessons Learned from Lived Experience." United Suicide Survivors International. https://youtu.be/3JmN_Y3c1O0
- 16. @Sfreedenthal chats with #SPSM. (2017). https://youtu.be/kY0xXO81pr8
- 17. Channel 7 News. (2007, Oct. 19). Live interview regarding study findings on inhalant use and suicidality in incarcerated youth. Denver, CO. (Not available online.)

DU Sponsored Research, Scholarship, and Creative Work

Nicotera, N., Freedenthal, S., Professional Research Opportunities for Faculty (PROF, DU), "Cognitive and Emotional Responses to Suicidal Ideation," \$19,262.00, Date Submitted: January 22, 2016, Dated Funding Awarded: April 2016.

Freedenthal, S., Professional Research Opportunities for Faculty (PROF, DU), "Assessing Suicidal Intentions of Troubled Youth," \$13,995.00, Date Submitted: 2007, Dated Funding Awarded: 2009.

SERVICE

Department Service

Committee Member, Promotion and Tenure Committee. (2019 – 2020 & 2021 - Present).

Committee Member, Inclusive Excellence Committee. (September 2021 - Present).

Committee Member, Creating Community Values and Expectation Subcommittee. (October 2021 - Present).

Lead faculty, Suicide Assessment and Intervention class. (2017 - Present).

Lead faculty, Dialectical Behavior Therapy class. (2017 - 2022).

Lead Faculty, Assessment of Mental Health in Adults class. (2006 – 2020 & 2022).

Coordinator, Mental Health Concentration. (2009 - 2020). [From 2009 – 2013, this service was labeled Committee Chair, Adult/Late Life Track Committee, MSW Curriculum.]

Committee Member, MSW Curriculum, Graduate School of Social Work. (2013 - 2020).

Lead Faculty, Assessment of Mental Health in Children and Adolescents class. (2017 - 2020).

Lead Faculty, Interpersonal Psychotherapy class. (2016 - 2020).

Lead Faculty, Cognitive Approaches to Social Work Practice class. (2007 - 2020).

Committee Member, GSSW Advising Task Force. (2019).

Instructor, Experience GSSW Day Mini-Course. (2017).

Committee Co-chair, Faculty Search Committee, 2011 – 2012), & Committee Member, Faculty Search Committee. (2010, 2013; 2015 – 2017).

Instructor, GSSW Admitted Students Weekend. (2014).

Committee Member, Search Committee, Associate Dean for Research. (2013 - 2014).

Committee Member, Faculty Governance Document Committee. (2011 - 2012).

Committee Chair, Research Committee. (2011 - 2012).

Committee Member, Curriculum Task Force. (2010 - 2012).

Committee Member, Ph.D. Committee. (2006 - 2011).

Committee Member, Clinical Chair Committee, Development. (2009).

Committee Chair, Annual Giving Campaign. (2008 - 2009).

Committee Member, Multicultural Infusion Committee. (2008 - 2009).

Committee Member, Dean's Workload Guidelines/Policy Task Force. (2007 - 2009).

Committee Member, Adult/Late Life Track Committee, MSW Curriculum. (2006 - 2009).

Committee Member, Research Committee. (2005 - 2009).

Committee Member, Ad Hoc Student Appeals Committee. (2008).

Instructor, Admitted Students Weekend Mini-Course. (2008).

Committee Member, Dean's Interviewing Team, Director of Development. (2008).

Committee Member, Dean's Retreat Planning Committee. (2008).

Instructor, GSSW Admitted Students Weekend. (2008).

Committee Member, Dean Search Committee. (2006 - 2007).

Instructor, Admitted Students Weekend Mini-Course. (2006).

Committee Member, Awards Committee. (2005 - 2006).

Field Liaison, GSSW Field. (2005 - 2006).

Committee Member, High-Risk Youth Track Committee. (2005 - 2006).

Committee Member, Professional Development Committee. (2005 - 2006).

University Service

Grant Proposal Reviewer, Internal, CCESL Public Good Advisory Board & Fund Distribution Committee. (2019 - 2021).

- Grant Proposal Reviewer, Internal, Professional Research Opportunities for Faculty (PROF) grant competition, University of Denver Colleges of Arts & Sciences and Professional Schools. (2019 2020).
- Grant Proposal Reviewer, Internal, Professional Research Opportunities for Faculty (PROF) grant competition, University of Denver Colleges of Arts & Sciences and Professional Schools. (2018).
- Chairperson, Policies & Practices Subcommittee, DU Mental Health Task Force. (2017 2018).
- Committee Member, University of Denver Mental Health Task Force. (2016 2018).
- Grant Proposal Reviewer, Internal, Professional Research Opportunities for Faculty (PROF) grant competition, University of Denver Colleges of Arts & Sciences and Professional Schools. (2011).
- Committee Member, Mental Health Issues Task Force/Advisory Board, Student Life Division. (2008 2011).

Faculty Senator, Faculty Senate. (2008 - 2010).

Committee Member, Institutional Review Board (IRB). (2008 - 2010).

Co-Chair, Planning Committee, Provost's Conference, "Mind Matters: Mental Health on Campus". (2009).

Presenter, Diversity Summit. (2008).

Grant Proposal Reviewer, Internal, Professional Research Opportunities for Faculty (PROF) grant competition, University of Denver Colleges of Arts & Sciences and Professional Schools. (2008).

Presenter, Graduate School Workshop Series. (2006).

Committee Member, Graduate Student Health Advisory Committee. Washington University. (2003 - 2004).

Committee Member, Olin Conference Planning Committee, Washington University. (2001 - 2004).

Representative, Graduate Council of the School of Arts and Sciences, Member, Teaching and Professional Development Committee. Washington University. (2002 - 2003).

Professional Service

Reviewer, Doctoral dissertation proposal award, Society for Social Work and Research. (2012 – 2019 & 2022 - Present).

Reviewer, Conference Paper, Society for Social Work and Research. (2006 - 2021).

Reviewer, Conference Paper, American Association of Suicidology, Clinical Division. (2007 - 2020).

Reviewer, Conference Paper, American Association of Suicidology, Research Division. (2007 - 2020).

Reviewer, Ad Hoc Reviewer, Suicide and Life-Threatening Behavior. (2011 - 2016).

Editorial Review Board Member, Archives of Suicide Research. (2012 - 2013).

Journal of Affective Disorders. (2011).

Reviewer, Ad Hoc Reviewer, Journal of Adolescent Research. (2009).

Committee Member, Advisory Committee, Men and Depression Marketing Campaign, State of Colorado Office of Suicide Prevention, Department of Public Health and Environment. (2008 - 2009).

Committee Member, Awards Committee, Society for Social Work and Research. (2006 - 2009).

Reviewer, Ad Hoc Reviewer, Journal of Adolescent Health. (2006 - 2009).

Volunteer, Public Speakers Bureau, Mental Health America Colorado, Denver, CO. (2006 - 2009).

Consulting Editor, Social Work Research. (2006 - 2009).

Committee Member, Advisory Committee, Transporting Evidence to Social Work Practice (Adolescent Female Suicide Prevention), National Association of Social Workers, Washington, DC. (2008).

Reviewer, Ad Hoc Reviewer, Research on Social Work Practice. (2008).

Reviewer, Ad Hoc Reviewer, Vulnerable Children and Youth Studies. (2006 - 2008).

Reviewer, Ad Hoc Reviewer, Archives of General Psychiatry. (2007).

Reviewer, Ad Hoc Reviewer, Journal of Public Child Welfare. (2007).

Committee Member, Virtual Collaboratory for Suicide Studies (VCSS) Expert Advisory Board, University of Rochester, Center for the Study and Prevention of Suicide. (2006 - 2007).

Committee Member, Special Interest Group, Society for Social Work and Research Annual Conference. (2005 - 2007).

Reviewer, Ad Hoc Reviewer, Journal of Postgraduate Medicine. (2006).

Committee Member, Board of Directors, Society for Social Work and Research. (2004 - 2006).

Reviewer, Ad Hoc Reviewer, The Lancet. (2005).

Committee Member, Conference Task Force, American Association of Suicidology. (2002 - 2004).

Public Service

Speaking of Suicide (Suicide prevention website). (2013 - Present).

Board Member, Suicide Prevention Coalition of Colorado. (2017 - 2019).

Advisory Board Member, Second Wind Suicide Prevention Fund. (2007 - 2019).

Speakers Bureau, Mental Health America Colorado, Denver, CO. (2006 - 2009).

Member, Advisory Council to the State of Colorado Suicide Prevention Plan, Suicide Prevention Coalition of Colorado. (2007 - 2008).

Children's Activity Leader, Center for Battered Women, Austin, TX. (1995 - 1996).

Suicide Hotline Counselor, Contact 214, Dallas, TX. (1994 - 1995).

Friendly Visitor, Walnut Hills Nursing Home, Dallas, TX. (1993 - 1994).

Volunteer Mentor to Single Mothers, Texas Department of Human Services, Dallas, TX. (1992 - 1993).